



AGREEMENT OF RELEASE & WAIVER OF LIABILITY

At JCADA, our dancers safety and wellbeing is of paramount importance.

- All classes are conducted by fully qualified teachers who have the specific knowledge and training to deliver the class safely.
- JCADA staff have many years experience and continue to develop their knowledge and skills.
- All the JCADA team have undergone safeguarding training, have an enhanced DBS disclosure and hold a Level 3 certificate in Paediatric First Aid.
- Dancers are required to progress through syllabi in grade order, this ensures they learn the correct foundations before commencing higher level work - this is particularly important in Acrobatic Dance.
- Dancers are treated as individuals and are not expected to reach levels/grades at the same time. JCADA train each dancer to ensure they progress at a rate which is correct and safe for their body.
- JCADA provide necessary equipment (gym mats etc) and ensure they stay in excellent condition in order for dancers to perform skills safely.
- The studio and its facilities are kept clean and tidy at all times.

Parents should make their child aware of the possibility of injury through dance/acrobatics and encourage them to follow the teacher's instructions and safety guidelines at all times.

DANCER'S NAME DATE OF BIRTH

By signing this form you agree to the following:

1. The above named person is physically fit and does not have a medical condition which prevents them from participating in classes/events at JCADA.
2. The above named person will wear appropriate clothing and footwear for all JCADA activities and use equipment as advised.
3. If the above named person becomes unwell or suspects injury whilst at JCADA, they should inform the teacher straight away.
4. That dancing and acrobatics carries a certain amount of risk; and despite precautions, accidental injuries (both minor and major, including death), can result from this activity.
5. The above named person will not undertake any skills or steps that are beyond their level and could cause injury to themselves or another dancer/teacher.
6. In the event of injury, for JCADA staff/volunteers to administer First Aid, or if deemed necessary, seek medical assistance by calling an ambulance or driving the above named person to a medical facility or hospital.

I agree to assume all risks and responsibility for any injury or accident which might occur to the above named dancer during any JCADA classes, rehearsals, workshops, exams or shows/performances. I waive any and all claims that I have or may have in the future against JCADA and to release and indemnify JCADA teachers, volunteers, guest artists and students from any and all liability claims for loss, damage, expense, injury or death to the above named person as a result of participating in JCADA activities.

I have read, understood and agree to be bound by the above:

PRINTED..... SIGNED.....

DATE (if under the age of 18, parent/legal guardian must sign)